

# YMCA **Camp** **Crosley**

OUTDOOR EDUCATION



TAKE A WALK ON THE WILD SIDE





# YMCA **Camp** **Crosley**

OUTDOOR EDUCATION

## Lead Teacher's Guide



The role of **Lead Teacher** is that of an official liaison between the educational institution and Camp Crosley, facilitating the arrangements of classes, meals, lodgings, and the contract. As the Lead Teacher you will insure that the needs and expectations of the students, chaperones and teachers are understood by the camp, and that the needs and expectations of Camp Crosley are understood by the educational institution. In this way, your event will be a success by clarifying and meeting everyone's expectations. We at Camp Crosley thank you for joining us in making this more than a field trip, more than a walk in the woods, but truly an experience in learning unlike anything the students will encounter the rest of their academic year. This guide is intended to help you as you prepare for the time of your life as we, together,

**TAKE A WALK ON THE WILD SIDE.**

Thanks,  
-YMCA Camp Crosley Staff



## Lead Teacher Guide

---

### Planning Checklist

#### Up to 1 year before your experience:

- \_\_\_\_\_ Request a current Outdoor Education group planning packet
- \_\_\_\_\_ Schedule a Tour of the Grounds for you and a couple key associates
- \_\_\_\_\_ Meet with teachers and school administrators to define goals and objectives.
- \_\_\_\_\_ Check availability and set the dates
- \_\_\_\_\_ Appoint the Lead Teacher for the event
- \_\_\_\_\_ Initiate Contract and Deposit to secure your space at Camp Crosley

#### 3-6 months before TAKE A WALK ON THE WILD SIDE:

- \_\_\_\_\_ Arrange Transportation to and from Camp Crosley YMCA, North Webster, Indiana.
- \_\_\_\_\_ Meet with teachers and school administrators to finalize goals and objectives.
- \_\_\_\_\_ Inform students and parents about the experience
- \_\_\_\_\_ Recruit Trail Leaders (chaperones) for a 1:10 ratio between Trail Leaders and students.
- \_\_\_\_\_ Send a parent information pack home with students (esp. Health Forms and expense info).
- \_\_\_\_\_ Select one person to be in charge of first aid and medication administration while on property.
- \_\_\_\_\_ Confirm class and activity schedule with Camp Crosley
- \_\_\_\_\_ Call with any questions or concerns that you might have.

#### Two Weeks before you leave home:

- \_\_\_\_\_ Collect money and forms (completed at least two weeks before your experience)
- \_\_\_\_\_ Organize students and Trail Leaders into **trail groups, cabins, and tables**.
- \_\_\_\_\_ Compile a list of major health concerns and dietary needs.
- \_\_\_\_\_ Fax/email the number of participants, cabin assignments, trail group assignments and any other related information.
- \_\_\_\_\_ Gather extra curricular equipment and supplies.
- \_\_\_\_\_ Confirm transportation.
- \_\_\_\_\_ Watch the weather forecast and make sure students are prepared.
- \_\_\_\_\_ Distribute a copy of the schedule, map, and Trail Leader's Guides.
- \_\_\_\_\_ Remind adults to bring flashlights, alarm clocks, and garbage bags with them.
- \_\_\_\_\_ Double check all forms for completeness and parent signatures.

#### Upon Arrival:

- \_\_\_\_\_ Park vehicles at designated parking lot.
- \_\_\_\_\_ Report to the office, if no one has come to greet you by the time you are parked.
- \_\_\_\_\_ Turn in any forms or changes to the group.

#### Before Departure:

- \_\_\_\_\_ Get Invoice and make payment arrangements.
- \_\_\_\_\_ Return borrowed equipment.
- \_\_\_\_\_ Report damages.
- \_\_\_\_\_ Fill out survey.
- \_\_\_\_\_ Rebook for next year.



## **Lead Teacher's Guide**

---

The Lead Teacher is the one through whom all event coordination with Camp Crosley will take place. Although there may be any number of teachers and administrators planning the event the Lead Teacher will be the primary point of contact between your leadership and ours. If this person changes from when the contract was initiated, please make sure that we are informed of the change to avoid confusion as the event gets closer.

We hope the enclosed information will make your program planning go smoothly. The check list on the second page is for your convenience. Please feel free to duplicate any forms or to download the entire document from [www.CampCrosley.org](http://www.CampCrosley.org). and distribute as needed. The Trail Leader's Guide, and Program Guide are also available on line.

### **Medical Care/Health Forms**

Each school is responsible for its own medication distribution to students, chaperones and teachers. The school will provide transportation for any participant's doctor visits or emergency room visits. School personnel is responsible for any general first aid. A first aid supply kit is available on site but we recommend that the school brings their own first aid kit. We can provide storage for any medication brought by the school.

We require that all schools use the Camp Crosley YMCA Health History forms (found on pages 7 & 8 ) and that the completed forms be left here for our records. Any minor without a signed medical form cannot attend camp. These forms must be signed in ink. If you use and bring your own medical forms, please take the additional forms with you when the school departs.

We encourage the calling of parents in the event of any illness or accident of any child. Schools are responsible for recording the times medications are dispensed and recording all first aid according to established school guidelines. In the event of a hospital trip, the school and necessary individuals would be responsible to provide information to complete an accident/incident report.

### **Cabin Assignments**

Camp Crosley YMCA requires a copy of each group's cabin assignments. The American Camp Association recommends a 1:10 ratio of adults to campers. Please consult with the staff for which cabins will be assigned to your group. Many schools have students choose one cabin mate, and then combine groupings. If you have any students with limited mobility, please contact the Crosley staff to ensure that the participant is in an accessible cabin.

### **Trail Group Assignments**

Please ask the staff for the number of Trail Groups you will have. This number is determined by the number of students, number of staff available, and whether teachers are teaching at the Nature Center. In grouping students, please have a mixture of boys and girls, and separate those children who would have difficulty being successful if in the same group. It is often helpful to have children from the same cabins in the same study groups, making it easier to keep track of them. You or your students should have at least one Trail Guide assigned per group.



## Lead Teacher Guide

(Hint: to enhance the time at camp assign Trail Group names like salamanders, eagles, foxes, cattails, etc. to your groups. )

### Table Assignments

We ask that all adults eat meals with the students, supervising the children and getting to know them better. Schools have three options concerning how they organize the dining hall. It is helpful to check the tables to ensure that the mix of boys and girls is to your liking.

1. Students may sit at any table as long as there are an equal number of boys and girls, and at least one adult at each table.
2. Students sit at any table for the first meal and remain at that table their entire time at camp.
3. Teachers assign students to their tables before they arrive at camp.

### Parent Information Sheet

The form on page four of this guide can be duplicated as is, or edited for your specific situation, or not used at all. Typically, parents want to know the things included on this sheet.

### Camp Store

The camp store is available upon request. Clothing apparel and snacks are available in the store. If the store is to be opened, thought ought to be given as to how to keep the camper's money secure.

### Program Supplies

Camp Crosley YMCA provides all equipment and class materials for the curriculum that they are contracted to provide. Any extra curricular equipment and activities that are not included need to be discussed with the camp ahead of time.

### Name Tags

Using name tags for your students is a good way to keep things in order and having a name tag will make the students more comfortable at Camp Crosley YMCA. You can use buttons or laminated tags that hang by a piece of yarn or safety pin.

What is his/her name?	→	John Hiker
Where does he/she sleep?	→	Mohawk Cabin
Which Trail Group?	→	Fox Group
At what table does he/she sit?	→	Table #1
At which meal should	→	(Tuesday Breakfast hopper)



## Lead Teacher Guide

Outdoor Education staff will assist teachers to develop a customized schedule of classes and evening programs that best fit the needs of the students. Most classes have 15 to 20 students. Teachers are encouraged to take an active role in classes, whether it be teaching, assisting our instructors, or observing students and classes.

### Sample Schedule #1

#### Arrival Day

10:00-11:30	Arrive, Orientation
12:00	Lunch
1:00-2:15	Class 1
2:30-3:45	Class 2
4:00-5:15	Afternoon Recreation
5:15	Table Hoppers
5:30-6:30	Dinner
6:45-7:15	Evening Recreation
7:30	Evening Program
10:00	Showers/Lights Out

#### Full Day

7:00	Rise and Shine
7:45	Table Hoppers
8:00-9:00	Breakfast
9:30-10:45	Class 3
11:00-12:15	Morning Recreation
12:15	Table Hoppers
12:30-1:30	Lunch
1:45-3:00	Class 4
3:15-4:30	Class 5
4:45-5:15	Afternoon Recreation
5:15	Table Hoppers
5:30-6:30	Dinner
6:45-7:15	Evening Recreation
7:30	Evening Program
10:00	Showers/Lights out

#### Departure Day

7:00	Rise and Shine
	Clean Cabin
	Move luggage
7:45	Table Hoppers
8:00-9:00	Breakfast
9:30-10:45	Class 6
11:00-11:45	
11:45	Table Hoppers
12:00-1:00	Lunch

### Sample Schedule #2

#### Arrival Day

10:00-11:30	Arrive, Orientation
12:00	Lunch
1:00-2:00	Class 1
2:15-3:15	Class 2
3:30-4:30	Class 3
4:45-5:15	Afternoon Recreation
5:15	Table Hoppers
5:30-6:30	Dinner
6:45-7:15	Evening Recreation
7:30	Evening Program
10:00	Showers/Lights Out

#### Full Day

7:00	Rise and Shine
7:45	Table Hoppers
8:00-9:00	Breakfast
9:15-10:15	Class 3
10:30-11:30	Class 4
11:45-12:15	
12:15	Table Hoppers
12:30-1:30	Lunch
1:45-2:45	Class 5
3:00-4:00	Class 6
4:15-5:15	Afternoon Recreation
5:15	Table Hoppers
5:30-6:30	Dinner
6:45-7:15	Evening Recreation
7:30	Evening Program
10:00	Showers/Lights out

#### Departure Day

7:00	Rise and Shine
	Clean Cabin
	Move luggage
7:45	Table Hoppers
8:00-9:00	Breakfast
9:15-10:15	Class 7
10:30-11:30	Class 8
11:45	Table Hoppers
12:00-1:00	Lunch

### Sample Schedule #3

#### Arrival Day

10:00-11:30	Arrive, Orientation
12:00	Lunch
1:00-2:00	Class 1
2:15-3:15	Class 2
3:30-4:30	Class 3
4:45-5:15	Afternoon Recreation
5:15	Table Hoppers
5:30-6:30	Dinner
6:45-7:15	Evening Recreation
7:30	Evening Program
10:00	Showers/Lights Out

#### Departure Day

7:00	Rise and Shine
	Clean Cabin
	Move luggage
7:45	Table Hoppers
8:00-9:00	Breakfast
9:15-10:15	Class 4
10:30-11:45	Morning Recreation
11:45	Table Hoppers

### Sample Schedule #4

#### Arrival Day

10:00-11:30	Arrive, Orientation
12:00	Lunch
1:00-2:15	Class 1
2:30-3:45	Class 2
4:00-5:15	Afternoon Recreation
5:15	Table Hoppers
5:30-6:30	Dinner
6:45-7:15	Evening Recreation
7:30	Evening Program
10:00	Showers/Lights Out

#### Departure Day

7:00	Rise and Shine
	Clean Cabin
	Move luggage
7:45	Table Hoppers
8:00-9:00	Breakfast
9:15-10:30	Class 3
10:45-11:45	Morning Recreation
11:45	Table Hoppers
12:00-1:00	Lunch





---

### **Location**

Camp Crosley YMCA is located on the beautiful shores of Lake Tippecanoe, only a mile from North Webster, IN and just 10 miles north of Warsaw, IN. Camp Crosley is a branch of the Muncie Family YMCA, and has touched the hearts and minds of thousands of adults and children since its founding in 1915. All of the programs at Camp Crosley are carefully designed to build character, skills and values in the young people it serves and are accredited by the American Camp Association. Camp Crosley has programs year round for groups of all sizes.

### **Program**

Your children will be participating in a highly organized interactive learning experience. They will learn about science, nature, conservation and themselves through first-hand encounters with the outdoors. Your child may be involved in group cooperative activities on our ropes course, or take nature hikes in our wetlands preserve, or encounter the night skies through the lens of our observatory, or any of a dozen other fun and educational activities. Evening programs will include other instructor-led activities such as night hikes, campfires and much more.

### **Facilities**

Students will sleep in modern, climate controlled cabins. Each cabin is complete with bunk beds and access to bath houses. Students must bring their own bedding and linens. Our Chapel, Dining Hall, Nature Center, and classrooms provide great indoor space for use during inclement weather.

### **Mealtime**

All meals are prepared and served by the food service staff at Camp Crosley. These meals are served family style with adult supervision at every table. Please do not send along additional snacks or candy for the students. All participants need to bring a sack lunch for the first meal at camp. If a child has a special dietary need, please make sure that the Lead Teacher is aware of it before your child comes to camp.

### **Supervision**

Camp Crosley YMCA provides a full on site program with staff leading instructional classes and recreational activities. Most instructors are college educated and have a variety of backgrounds. All of them have been background checked and have a passion for what they do at camp as well as a great enthusiasm for working with children. Your school also selects positive role models to live with the students in the cabin. These chaperones (a.k.a. Trail Guides) will supervise the students between classes, during recreation, at meals, and in the cabins.

### **Health Care**

Health care is a high priority for all. Each student must have a medical history form on file at camp. Prescribed medication will be dispensed by authorized school personnel according to your doctor's instructions. Parents will be notified immediately of any serious health problems.

### **Personal Property**

Camp Crosley YMCA will provide all equipment needed for participation in the program. Refer to the suggested clothing list for any needed supplies. Alcohol, illegal drugs, or firearms of any kind are strictly prohibited by any participant on the camp grounds. No personal pets are allowed on camp property without permission from the Camp Director. We are not responsible for any lost or stolen property.

### **Telephone**

Students are not permitted to call home except in rare cases and only at the teacher's discretion. Cell phones are discouraged but will be managed according to school policies. The camp telephone number is 574-834-2331

### **Money**

Unless told otherwise, students should not bring any money to camp.



## CAMP CROSLEY YOUTH HEALTH HISTORY FORM

Group: \_\_\_\_\_ Visit Date(s): \_\_\_\_\_

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mother/ Guardian: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Father/ Guardian: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Insurance Co.: \_\_\_\_\_ Policy #: \_\_\_\_\_

Medication to be taken at camp: \_\_\_\_\_

Allergies: \_\_\_\_\_

Date of last Tetanus injection: \_\_\_\_\_

Please make any other comments that you feel are important for your child's visit to camp: \_\_\_\_\_

I understand that my child may be involved in activities at camp that include but are not limited to challenge course, boating, and outdoor activities. I acknowledge that my child may decline to participate in any activity. **Any participation will be voluntary.**

In consideration of services or property provided, I, for myself and any minor children for which I am parent, legal guardian or otherwise responsible, any heirs, personal representatives or assigns do hereby release: the Muncie Family YMCA, the Muncie YMCA of Indiana Inc., Camp Crosley YMCA, its principals, directors, officers, agents, employees and volunteers, and each and every land owner, municipal and/or governmental agency upon whose property an activity is conducted, from all liability and waive any claim for damage arising from any cause whatsoever (except that which is the result of gross negligence).

I hereby grant permission for my child to attend and take part in the activities and program at Camp Crosley YMCA, and in the event of an emergency, seek medical assistance for my child if unable to contact the legal guardians' named on this form.

I authorize the YMCA to take and use any photographs, slides, and videos of my camper for promotional purposes in brochures, flyers, web site and on the Internet.

Parent/ Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_





## CAMP CROSLEY YMCA ADULT HEALTH HISTORY FORM

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Insurance Co.: \_\_\_\_\_ Policy #: \_\_\_\_\_

Allergies: \_\_\_\_\_

Date of last Tetanus injection: \_\_\_\_\_

Please make any other comments that you feel are important for your visit to camp: \_\_\_\_\_

I understand that I may be involved in activities at camp that include but are not limited to horseback riding, challenge course, boating, and outdoor activities. I acknowledge that I may decline to participate in any activity. **Any participation will be voluntary.**

In consideration of services or property provided, I, for myself and any minor children for which I am parent, legal guardian or otherwise responsible, any heirs, personal representatives or assigns do hereby release: the Muncie Family YMCA, the Muncie YMCA of Indiana Inc., Camp Crosley YMCA, its principals, directors, officers, agents, employees and volunteers, and each and every land owner, municipal and/or governmental agency upon whose property an activity is conducted, from all liability and waive any claim for damage arising from any cause whatsoever (except that which is the result of gross negligence).

I hereby to take part in the activities and program at Camp Crosley YMCA, and in the event of an emergency, seek medical assistance for my self if unable to contact the emergency contact named on this form.

I authorize the YMCA to take and use any photographs, slides, and videos of me for promotional purposes in brochures, flyers, web site and on the internet.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent if under 18: \_\_\_\_\_ Date: \_\_\_\_\_



## Lead Teacher Guide

All meals at Camp Crosley YMCA are served family style. We will bring in several students (a.k.a. hoppers) 15 minutes before each meal to set up tables. The YMCA encourages a mixture of boys and girls at each table. Adults may rotate tables each meal or stay at the same table. To manage the seating arrangements, teachers may choose any seating options for the students that include:

1. Children are able to sit anywhere in the dining hall (a.k.a. Chaos Method)
2. Come in the dining hall, find a seat, and stay there for the rest of the experience.
3. Assigned seating (Recommended).

Table \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

(Adult)

Table \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

(Adult)

Table \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

(Adult)

Table \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

(Adult)

Table \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

(Adult)

Table \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

(Adult)



## Lead Teacher Guide

---

### Camp Crosley YMCA Trail Group Assignments

**Group** \_\_\_\_\_  
**Adult** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

**Group** \_\_\_\_\_  
**Adult** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

**Group** \_\_\_\_\_  
**Adult** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

**Group** \_\_\_\_\_  
**Adult** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

**Group** \_\_\_\_\_  
**Adult** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

**Group** \_\_\_\_\_  
**Adult** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_





## Lead Teacher Guide

### Camp Crosley YMCA Cabin Assignments

#### Hargreaves Village

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_



## Lead Teacher Guide

### Camp Crosley YMCA Cabin Assignments

#### Woodland Village

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_



## Lead Teacher Guide

### Camp Crosley YMCA Cabin Assignments

#### Hilltop Village

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Cabin

1. Leader: \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Cabin

- Leader: \_\_\_\_\_
1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_





## Lead Teacher Guide

### Packing List

#### Essentials:

- \_\_\_\_\_ Sack Lunch (to be eaten upon arrival)
- \_\_\_\_\_ Water Bottle (name on it)
- \_\_\_\_\_ Raincoat/poncho
- \_\_\_\_\_ Sturdy comfortable shoes/rubber boots/duck shoes
- \_\_\_\_\_ Two pairs of shoes/boots when at camp over 2 days
- \_\_\_\_\_ Warm jacket or coat
- \_\_\_\_\_ Sweater/sweatshirt (remind students to dress in layers)
- \_\_\_\_\_ Pajamas
- \_\_\_\_\_ Daily change of underwear and socks (extras for cold or mud)
- \_\_\_\_\_ Daily change of pants and shirts (extras for cold or mud)

#### From Autumn to Mid Spring also include:

- \_\_\_\_\_ Warm hat or scarf
- \_\_\_\_\_ Mittens or gloves
- \_\_\_\_\_ Warm winter boots
- \_\_\_\_\_ Extra sweater or sweatshirts
- \_\_\_\_\_ Winter coat
- \_\_\_\_\_ Long underwear, snow suit and sweatpants

#### Bedding:

- \_\_\_\_\_ Sleeping bag or sheets with blanket
- \_\_\_\_\_ Pillow

#### Toiletries:

- \_\_\_\_\_ Toothbrush and toothpaste
- \_\_\_\_\_ Washcloth and towels
- \_\_\_\_\_ Soap, shampoo, comb/brush
- \_\_\_\_\_ Deodorant
- \_\_\_\_\_ Shower shoes (Optional)
- \_\_\_\_\_ 1-2 extra garbage bags (for dirty clothes, ripped bedding, etc...)

#### Adult Chaperones Only

- Flashlight
- Alarm Clock
- Extra garbage bags
- Insect repellent, sunscreen

#### Optional:

- \_\_\_\_\_ Camera (disposable)
- \_\_\_\_\_ Pencil/notebook

#### Please do not bring:

- |                           |                     |                |                 |
|---------------------------|---------------------|----------------|-----------------|
| Hair dryers/curling irons | Radio/CD player/MP3 | Food/candy/gum | Digital cameras |
| Knives/matches/firearms   | Money               | Make up        | Money           |

\*Cell phones and flashlights are not necessary for students.



## Lead Teacher Guide

### Curriculum Guide

---

YMCA Camp Crosley has many new programs to offer for the upcoming season. Below you will find our current curriculum listing and program options. Our 450 acre site hosts a variety of environments including ponds, forests, meadows, lake, and our most valued natural resource, a 280 acre wetland preserve which is the largest in the State of Indiana. Students will gain an understanding and an appreciation for these important ecosystems and the outdoors as they participate in activities within each natural environment.

#### **Water**

***Wetland Discovery Hike:*** Weather permitting, the hike will include a boat ride to the preserve, where students will discover the flora and fauna of a protected wetland environment. Boardwalks and trails allow students to gain access to the wetlands without disturbing the habitat. Students will have the opportunity to discover this endangered habitat through guided activities and interpretation.

***Water, Water Everywhere:*** Students will gain an in depth understanding of the ecological principles of water. Students will wade in the mud and water, with rubber boots of course, and locate and identify species within the water. Students will also conduct surveys to determine the water quality.

***That Sounds Fishy:*** Most students can visually identify a fish, but many do not know the basic characteristics of these unique animals. This class is designed to help students learn more about these wonderful animals through a hands on or ‘fins on’ experience.

***Primitive Fishing:*** Students will learn the history of fishing and how it played an important role in societies past and present. Students will then learn the different fishing techniques and equipment used to go fishing. They will also have an opportunity to make their own fishing poles and go fishing for bluegill, perch, bass, and much more on Tippecanoe Lake.

***Crosley Canoeing:*** Like early American settlers and Native Americans, students will embark on a journey around Little Tippecanoe Lake. After a short lesson on paddling and canoe safety, students will head out for a canoeing expedition.

#### **Land**

***Truly Trees:*** Students who already have a good understanding of basic ecological concepts will enjoy this class as they learn the basics of tree biology. Using a dichotomous key, students will identify several of the trees around camp.

***Enchanted Forest:*** Students will ‘walk on the wild side’ as they navigate the North Woods. Their perceptions of the natural world will be challenged as they see, hear, feel, smell and even taste the ‘wild side’ of Camp Crosley. This is first-hand experiential learning at its finest.

***Burma Bridge:*** You won’t get lost in any triangles but students will learn the background of burma bridges and how they played a role in American History. Students will learn different knots as they construct a burma bridge themselves and cross it.

***Eco-Encounters:*** Students learn about ecosystems in a fun and interactive way. Basic concepts of food chain, food web, and habitat are explored through meaningful games.



## Lead Teacher Guide

---

### Curriculum Guide

#### **Wildlife**

***Predator-Prey:*** The relationship comes to life as students learn about different predators and prey. The class builds up to the Predator-Prey game in which each student becomes an animal and must survive in the wild.

***What a hoot!:*** This entertaining and eye-opening program introduces students to the beautiful and mysterious birds that occupy the night sky. Students will then have an opportunity to dissect an owl pellet to learn more about these fantastic animals.

***Bird Brain:*** The roles of different birds will be introduced through the variety of adaptations that make them unique. Students will explore survival, migration, diet, and the environmental impact building and development has on them. The class will include an opportunity to observe and identify birds in their natural habitat.

***Tracks and Traces:*** Students head out on a hike to find animal signs, tracks, scat and habitats. Along the way fascinating plants, trees, and more will be discovered in the beautiful natural areas at Camp Crosley.

***In Cold Blood:*** Reptiles, amphibians, and Fish! Students will get a hands on experience with the live creatures. Instructors will discuss characteristics of these species.

#### **OLS (Outdoor Living Skills)**

***Fire Quest:*** Fundamentals of fire building, fire use, and fire safety are taught in this enjoyable class. Students will learn the basics of fire building and then will be put to the test.

***Orienteering:*** Students will learn to use a compass. They will discover the basics of pacing and following bearings while completing a course that winds around camp.

***Archery:*** From Ancient Asia to Medieval Europe the bow was a vital part of life. Crosley's version sees archers learn the basics of the sport, receive a brief lesson and then partaking in some friendly competition.

***Riflery:*** Learn every safety and operational factor of a youth model .22 caliber rifle. Please check with your organization's policies to make sure this activity is approved by your school.

#### **History and Culture**

***Dreamcatchers:*** A beautiful Native American tradition, students will learn the history of the dreamcatcher. Students will then create their own dreamcatcher to take home.

***Indiana Country:*** Students travel back in time to early 1800s as families trying to survive the harsh pioneer lifestyle. In this activity the students participate in a living history simulation that depicts the experiences and challenges faced by early Americans settling the Indiana territory.

***Native Peoples:*** Students learn about the main tribes in Indiana. This class helps breakdown stereotypes and build up awareness surrounding Native Americans in a fun and exciting way. Students will learn fascinating aspects of daily life as well as authentic Native American games.





## Lead Teacher Guide

### Curriculum Guide

#### **Adventure and Coopertive Learning**

**Crosley Summit:** Camp Crosley's 40 Ft climbing tower requires participants to step outside of their comfort zone. Reaching one's goals can either be by five feet or 40 feet above the ground. This will expand the student's comfort zone while building self confidence and self esteem.

**Giant Swing:** Feel like a bird soaring in the sky while swinging 50 ft in the air. Students will enjoy this activity as well as build great team cohesiveness.

**Team Initiative Course:** Designed to develop teamwork and problem solving skills, this course presents groups with outrageous problems and unique obstacles that they must overcome with the limited resources available.

**Low Ropes Course:** The low ropes challenge course combines group and individual challenges to provide a unique experience that develops group cohesiveness, trust, and group success. Constructed of logs, cables, and ropes, the low challenge takes place within a few feet from the ground.

**High Ropes Course:** The high ropes challenge takes students 40 feet off the ground and presents them with obstacles to overcome. Participating in high ropes develops a higher level of self confidence, enhances decision making abilities, and encourages accepting challenge and risk.

#### **Evening Activities**

**Astronomy:** Along with the Warsaw Astronomical Group, students go into our observatory tower and witness constellations and planets through on of our large telescopes.

**The Beast:** The ultimate challenge in communication, the beast is a game of observation, communication, and execution. In small groups, the students must build a duplicate of the beast, but only one person from each team will ever see the actual model.

**Egg Drop:** Using materials provided, students will team up to build the best protector for a NASA space capsule. The prototype will substitute an egg for the capsule, and will be tested by dropping from a specified height. Students will be judged on effectiveness, originality, presentation, and use of materials.

**Campfire:** The highlight for many students, campers will experience more than just a fire. Our instructors and your students will lead and participate fun and crazy camp songs, stories, cheers, skits, and more around the campfire. A night at campfire will not soon be forgotten.

**Capture the Flag:** A great activity for students to burn some energy. Capture the flag is a traditional camp game that is great for getting kids together for some friendly competition.

**Crosley Folk Dance:** A mix of school appropriate songs and dances Crosley style.

**Crosley Auction:** It's not an auction but students love it. Students are put into groups and then asked to creatively show the items that range from a toothbrush to a fuzzy slipper. Laughs are abundant during this favorite evening activity.

**Night Hike:** Students explore nature at sundown through interactive games and activities. Students will experience sights and sounds unique to nighttime, opening a new avenue of exploration.